



Little Common School PE and Sports Premium Report 2023 -24

Little Common Schools PE and Sport premium aims:

1. To continue to develop ACTIVE 60mins during the school day - through a range of activities provided throughout the day
2. Enhance provision at lunchtimes to promote positive and active playtimes.
3. To develop staff CDP in gymnastic, Active 60 and support their understanding of physical literacy and inclusive practice in PE.
4. To increase the percentage of children and their families that follow an active and healthy lifestyle.
5. Further development support for vulnerable groups, including breadth of opportunities and responsibilities to ensure all pupils have opportunities to participate in competitions and festivals.
6. 100% of children to have attended an extra-curricular sports club across the year

Review of last year's spend and key achievements (2022/2023)

Activity/Action	Impact	Comments
<p>Review of spending</p> <ul style="list-style-type: none"> • Targeting of inactive children • Children attending competitions • Sports leaders • Active challenges engaged families to promote Active 60 mins • Enrichment days • Club providers • Staff CPD • Resources and equipment • Extra swimming provision <p>Key achievements</p> <ul style="list-style-type: none"> • School Games Platinum award 2022-23 • Active School of the Year 2022- Sussex Sports Awards • Healthy Schools Status with Excellence – July 2021 • Quality Start – Platinum Plus award – 2023 • Case Study by Active Sussex • Healthy Schools Status with Excellence • PE lead YTS lead PE and Sport Catalyst 	<ul style="list-style-type: none"> • 87% of children have been active and attending extra-curricular provision • 96% KS1 78% KS2 • Club providers chosen to encourage children to be active after school. • Providing free clubs to support with activity levels and cost of living crisis • Active playtimes and training of Playleaders and Midday supervisors to facilitate play ensured that all pupils were active for at least 45 mins during play and lunch times. • Active 60 mins for every child across the school • 200 sports leaders across the school raising the profile of PE and sport including leadership -contributing to wards all pupils having opportunities to be active • 32% leading. • 36% of KS2 leaders • 33% KS1 leaders. • Children and families participated in challenges • Staff are more confident within lessons. • % of children swimming 25metres or more increased. • 100% said they felt it improved their dance teaching • Lessons monitored has shown consistency of taught lessons has improved 	<p>Areas for further development 2023/24</p> <ul style="list-style-type: none"> • Swimming opportunities for Year 4 and 6 as children missed opportunities during Covid -19. • Further opportunities to provide free clubs to engage all children in extra-curricular activity • Opportunities for more enrichment activities across the day. • Develop playtimes zones and MDSA training to support with creating further active play opportunities

	<ul style="list-style-type: none"> 233 families took part in our Get Active challenge Oct half term 2022. 245 families took part in our Easter Get active challenge. Opportunities for children to try different sports ready for transition into secondary. 	
--	--	--

Total amount of funding for 2023/24. To be spent and reported on by 31st July 2024.	£21,350
--	----------------

Meeting National Curriculum requirements for swimming and water safety.
 Priority should always be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the National Curriculum programme of study

Question	Stats: July 2024	Further context Relative to local challenges
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	84%	This cohort missed out on swimming lessons in year 3 and 4 due to Covid-19. We were unable to book additional lessons in 2022 due to limited space at the swimming pool and Year 3 swimming as part of the N.C requirements. The Year 6 cohort were offered their N.C swimming sessions in Year 6 which focussed on safe-self rescue. We found that this has been the lowest % of children that have met the swimming requirements which has been due to many of these children not attending swimming lessons outside of school. We also provide an additional swimming tutor for Year 4 to enable pupils who need extra tuition to make more progress.
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	84%	
What percentage of your current Year 6 cohort are able to perform safe self-rescue in different water-based situations?	87%	
If your schools swimming data is below national expectation, you can choose to use the Primary PE and sport premium to provide additional top-up sessions for those pupils that did not meet National Curriculum requirements after the completion of core lessons. Have you done this?	Yes	
Have you provided CPD to improve the knowledge and confidence of staff to be able to teach swimming and water safety?	No – we outsource to the local swimming pool	

Key priorities and Planning

Action – what are you planning to do	Who does this action impact?	Key indicator to meet	Impacts and how sustainability will be achieved?	Cost linked to the action
Staff CPD: Teacher audit Sept 2023 completed to check skills and areas we need to develop. Training for 2023/24	All staff: Teachers ECTS All pupils	Key indicator 1: Increased confidence, knowledge and skills of all staff in teaching PE and sport.	Staff will be more confident within lessons and have better understanding of how to develop the knowledge and skills of pupils. Less experienced teachers have a better understand of PE lesson structure, planning and delivery of lessons improving the quality of education received. PE lead to	£400 payment to school games partnership for CPD sessions
<u>Physical literacy, Youth voice and Active 60 mins:</u>				

<p>Deliver staff meeting to all teachers to update on national picture and implementing this within the school day and PE lessons.</p> <p><u>Gymnastics training</u> Gymnastics focus from staff audit and lesson observations to improve staff confidence and knowledge.</p> <p><u>Active playtimes – Play training for MDSAS and TAS</u> MDSA staff trained in Change for Life games to encourage activity</p> <p><u>Dance curriculum recap and additional training</u> Support teachers in ensure effective delivery of dance additional support by local secondary school.</p> <p><u>PE leads attending CPD courses</u> Attend courses across the year to keep up to date with PE knowledge and current effective practice.</p> <p><u>Real PE – planning for dance</u> Real PE essentials programme purchased to focus on Dance and Foundation with FMS to develop staff CPD -additional training provided by real PE coaches</p> <p>PE lead attend training and support with advocacy work for YST</p>	<p>All teaching staff and Pupils</p> <p>Midday supervisors and Teaching assistants Pupils</p> <p>All teaching staff Pupils</p> <p>PE leads All teachers Pupils</p> <p>All teaching staff and pupils</p>	<p>Key indicator 3: The profile of PE and sport being raised across the school as a tool for whole school improvement.</p>	<p>continue to support teachers to ensure effective practice.</p> <p>Training delivered by Complete PE on gymnastic progression. Teaching staff reported that they felt more confident to deliver gymnastic lessons. Lesson monitoring showed teachers using what they had learnt. 100% reported back that their teaching had improved. Continue to monitor teaching and provide support to embed training.</p> <p>MDSAs show more confidence in supporting pupils with play-based activities. All pupils are active for 30mins during lunch time. Continue to facilitate training into 24/25 develop active play further using MDSAs to support</p> <p>PE leads are upskilled and are showing more confidence across a range of areas within PESSPA. PE leads will now take on additional responsibilities to support and share good practice.</p> <p>Staff are more confident due to CPD. Staff are able to access CPD and planning on the website to develop their knowledge and skills. PE lead now looking to create a bespoke dance plan and provide further CPD</p> <p>PE lead shared effective practice with other schools as well as used training to develop knowledge and skills of teachers within Little Common. Staff feel more confident to deliver PE lesson including understanding on using physical literacy to enhance pupil experiences and attitudes</p>	<p>£0 training provided by PE lead</p> <p>£0-worked in partnership with Complete PE to provide free staff CPD</p> <p>PE lead £310 cover for training</p> <p>£0 – provided by Executive PE lead</p> <p>£695</p> <p>PE lead time out - £155</p>
<p><u>Playleader training</u> 5 children per class trained to become play leaders- to support with playing ‘<i>Change for Life</i>’ activities using resources purchased through SP funding Play leaders made up of vulnerable and confident children</p> <p><u>Sports crew</u> Sports crew organising committee in line with School Games award to participate in</p>	<p>All pupil who will be encouraged to be active for 45mins during playtimes</p>	<p>Key indicator 2: The engagement of all pupils in regular physical activity- Chief medical officer recommends that primary school children undertake at least 30mins of</p>	<p>More pupils are meeting their daily physical activity goal, more pupils are encouraged to take part in active play, extra -curricular clubs and activity across the school day. Pupils reported that they felt more confident in PE and to continue to develop their leadership further. Profile of PE and Sport raised across the school</p>	<p>Playleader badges and hats £300</p>

<p>daily playground challenges for all children and in prove performance. Training provided by PE leads Staff CPD active 60 mins <u>Midday Supervisor training for active lunch times</u></p> <ul style="list-style-type: none"> • Delivery training • MDSA staff audit • Activities given. • Staff given challenges and game cards with activities for them to do. <p><u>Active lessons – introduce staff to a range of activities</u></p> <ul style="list-style-type: none"> • Go Noodle (active class challenge) <p>Other ideas such as:</p> <ul style="list-style-type: none"> • Super movers- BBC Sports • Wake and shake activities • Action songs and rhymes signage • Music lessons • Active lessons • Active starters <p><u>Active play equipment</u> Providing different resources and opportunities for pupils to be active and engage in activity.</p> <p><u>Engaging families</u> <u>Get Active Healthy Lifestyle Family challenges –</u></p> <ul style="list-style-type: none"> • Whole school workshops/festivals • Whole school dance workshop • Cross country virtual challenges • Get active family challenges each half term <p><u>Vulnerable groups</u> Vulnerable children to be targeted for extra – curricular club opportunities where possible, active play times, leader roles and will participate in virtual in school competitions.</p>	<p>All staff to understand what active 60 is.</p> <p>MDSAs – to support with training</p> <p>Pupils to benefit from being active.</p> <p>All staff Vulnerable pupils</p>	<p>physical activity a day in school.</p> <p>Key indicator 3: The profile of PE and sport being raised across the school as a tool for whole school improvement.</p>	<p>Staff are now more confident to lead play activities -This training will continue into 24/25 with further play based training support – all children have participated in 45 mins of active play.</p> <p>All class activity tracked using our whole school active class tracker. Targeting classes has ensured that all pupils have additional activity within the school day.</p> <p>Children and families have participated in challenges and continue to develop an understanding of the positive benefits of an active healthy lifestyle. The profile of overall health and wellbeing raised. Evidence seen in children and family’s participation in events and fitness challenges. East Sussex Healthy Schools with Excellence award with outstanding - achieved 2024</p> <p>100% of vulnerable groups have been able to engage in physical activity through extra-curricular opportunities, Sensory circuits, sports leadership roles and targeted competition. Time to Dance and DCAT enriched, SEN and multi-skills festivals.</p>	<p>£0 – training provided by PE lead</p> <p>Play equipment £2696 Astro resurfacing for play equipment £3856.50</p> <p>Resources (As above)</p>
<p><u>Class sports leaders</u> 5 x class sports leaders per class to help lead and manage PE within their classes. Supporting inactive, Gifted and pupil premium children.</p>	<p>Pupils - understanding the important and value of PE and Sport</p>	<p>Key indicator 3: The profile of PE and sport being raised across the school as</p>	<p>200 Children (sports leaders) have supported during PE sessions and within the School Games days. Raised self-esteem and willingness to be active. 32% leading. 36% of KS2 leaders</p>	<p>(Badges and hats £300) As above</p>


<p>Healthy schools' week To encourage staff, pupils and families to be active and healthy – linked to sports day 2024 Subject leads: DT, PSHE and PE to work together to promote Activity, eating and mental health</p>	<p>Staff. Families and pupils Subject leads: DT, PSHE and PE</p>		<p>club. Continue to offer clubs by targeting inactive and vulnerable groups.</p> <p>% of children who can swim 25 meters or more has increased Children have a better understanding of how to save themselves if they fall into water. Continue to provide booster sessions for weaker swimmers based on curriculum swimming session data.</p> <p>All stakeholders took part in activities to promote healthy and active lifestyle. Profile of this raised for all stakeholders.</p>	<p>Total swimming costs Booster Coaches £2800 Additional Pool £1080 Booster Tutors £310</p>
--	--	--	---	---

Total: £21,350

Key achievements 2023-2024

Activity/Action	Impact	Comments
<p>Review of spending</p> <ul style="list-style-type: none"> • Targeting of inactive children • Children attending competitions • Sports leaders • Active challenges engaged families to promote Active 60 mins • Enrichment days • Club providers • Staff CPD • Resources and equipment • Extra swimming provision <p>Key achievements</p> <ul style="list-style-type: none"> • School Games Platinum award 2023-24 • Healthy Schools Status with Excellence – July 2024 • Quality Start – Platinum Plus award with outstanding • Video Case Studies by Active Sussex in Embedding sports leadership, High quality PE curriculum, Healthy and Active Lifestyles • Executive PE lead is a Youth Sport Trust Lead PE and Sport Catalyst 	<ul style="list-style-type: none"> • 94% of children will have been active and attending extra-curricular provision. • 98% KS1 89% KS2 • Opportunities for more girls to attend clubs through pupil voice discussions increase of 16%. • 100% of inactive pupils from 2022/23 have attended an extra-curricular club • 100% of pupils took part in competitions and festivals • All SEN/PP and vulnerable pupils' opportunities to participate in festivals, competitions and leadership roles. • Club providers chosen to encourage children to be active after school. • Providing free clubs to support with activity levels has ensured that all pupils can attend a club • Active playtimes and training of Playleaders and Midday supervisors to facilitate play ensured that all pupils were active for at least 45 mins during play and lunch times. • Active 60 mins for every child across the school • 200 sports leaders across the school raising the profile of PE and sport including leadership -contributing to wards all pupils having opportunities to be active • 35% pupils leading. • 36% of KS2 leaders • 33% KS1 leaders. • Staff are more confident within lessons. • 84% of children swimming 25metres or more. 	<p>Areas for further development 2024/25</p> <ul style="list-style-type: none"> • Enhanced swimming opportunities for Year 4. • Further opportunities to provide free clubs to engage all children in extra-curricular activity • Opportunities for more enrichment activities across the day. • Develop playtimes zone through OPAL style activity and MDSA training to support with enhancing play support and knowledge. • Further support and development of active and child led play experiences through support of training of play supervisor. • Development of OAA curriculum to enhance curriculum and develop staff knowledge and teaching.

- Year 6 children swimming booster sessions – improvement 10% with 94% being able to swim 10metres or more (5 children 5m)
- Booster sessions supported more children in Year 4 to swim 25 metres. 68% 25 metres – Targeted pupils improved to swimming 10/15m
- 100% of staff feel their gymnastics teaching has improved from CPD. Lessons monitored shown improved confidence and teaching. Staff to develop skills further by supporting other colleagues.
- 1073 participants in family challenges increase of 125% from 2022/23
- 257 families took part in our Get Active challenge Oct half term 2023.
- 289 families took part in our Christmas get moving bingo
- 282 families took part in our Easter Get active challenge
- 245 – move in Move in May challenge

Signed off by:	
Head Teacher:	Louise Moor
Subject Leader or the individual responsible for the Primary PE and sport premium:	Katie Chapman – Executive PE Lead
Governor:	Nick Wilkinson
Date:	20.7.24